



BASSIN D'ARCACHON



TOURIST MAP

TOURIST OFFICES

ARCACHON
+ 33 5 57 52 97 97
tourisme@arcachon.com
www.arcachon.com/en/

the Tourist Office offers guided group tours in English in Arcachon

LA TESTE DE BUCH
+ 33 5 56 54 63 14
info@tourisme-latestedebuch.com
https://tourisme-latestedebuch.com/en/

GUJAN-MESTRAS
+ 33 5 56 66 12 65
tourismegujanmestras@terrastra.com
www.gujanmestras.com/en/

ANDERNOS-LES-BAINS
+ 33 5 56 82 02 95
contact@andernos-tourisme.fr
www.andernos-tourisme.fr/en/

LE TEICH
+ 33 5 56 22 80 46
leteichtourisme@agglo-cobas.fr
https://leteich-ecotourisme.fr

COEUR DU BASSIN
LANTON / AUDENGE / BIGANOS
MIOS / MARCHÉPRIME
+ 33 5 57 70 67 56
info@tourisme-coeurdebassin.com
https://tourisme-coeurdebassin.com/en/

ARÈS
+ 33 5 56 60 18 07
info@ares-tourisme.com
www.ares-tourisme.com/en/

LÈGE-CAP FERRET
+ 33 5 56 03 94 49
info@lege-capferret.com
www.lege-capferret.com

the Cap Ferret Lighthouse offers tours in English

<https://bassin-arcachon.com/en/>



SURF SMART!

More than 80 free, secure Wi-Fi points in public places! **WiFi_Bassin_Arcachon**
Information: <https://bassin-arcachon.com/en/>



Must-sees

Find our favourite spots on the map!

Beautiful Villas steeped in history (Arcachon, Lanton, Andernos)

Let the history of the Winter Town be told to you, on foot, by bike or by trolley train. Take to the heights of Arcachon in search of magnificent 19th-century villas.

Architecture lovers can also explore the Taussat-les-Bains district in Lanton or Andernos-les-Bains, in the footsteps of actress Sarah Bernhardt.

6 65

Tour of the Bird Island (La Teste de Buch)

This is where you will see the famous *cabanes tchanquées* (houses on stilts)! Because it can go anywhere, the sea kayak (with an instructor) is the best way to get up close to this protected site. Or board a boat tour leaving from the piers of the Arcachon Bay.

1 2 9 12 72 94

Le Teich Bird Reserve

Take a walk along a 2.5 or 6 km trail, dotted with observation huts, where 300,000 birds pass through every year.

Self-guided or guided tours, during the day or at dusk (+33 5 24 73 37 33). www.reserve-ornithologique-du-teich.com/en/homepage

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The Leyre river and its Delta (Le Teich, Biganos and Mios)

Discover it on foot, by canoe or by boat. Cycle along the ports of Biganos. Paddle or take a licence-free electric boat from the port of Le Teich.

In summer, enjoy an open-air tavern evening in Mios on the banks of the Leyre.

34 39 42 49

Embark with fishermen and oyster farmers on their boats

Departures according to the tides.

Book directly with authorised seafaring professionals.

List available on the website: <https://bassin-arcachon.com/en/>

Explore the Bay on foot or by bike

This tour of the Bay takes in the coastal path, the route of Santiago de Compostela, the oyster ports and many other remarkable sites...

Discover the towns along the Bay thanks to a network of over 300 km of cycle paths.

Take the plunge!

More than 40 km of ocean beaches meet the open sea (Grand Crohot in Lège-Cap Ferret, La Salie in La Teste de Buch...). Ideal for tackling the waves!

Enjoy the peace and quiet of the Bay beaches at high tide or the Cazaux lake.

There are supervised bathing pools in Le Teich, Audenge, Lanton and Arès. Ideal at low tide!

Set off for the day on an island of fine sand and lagoon colours: the Banc d'Arguin Nature Reserve

Play Robinson Crusoe under the watchful eye of the SEPANSO rangers (embark on a sea shuttle at weekends in June and September, or every day in July and August).

Please note: part of the Banc d'Arguin is not accessible to the public (bird sanctuary).

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Or get off the beaten track with a nature walk

In the heart of Saint-Brice in Arès, in the salt marshes of La Teste de Buch, in the Fleury Estate in Le Teich, in the Certes and Graveyron Estates in Audenge and Lanton, at the Pointe des Quinconces in Andernos-les-Bains, at the Pirailan Reservoirs in Lège-Cap Ferret, or in the salt marshes nature reserve in Arès-Lège.

Try your hand at crab fishing in Lanton, in the Heart of the Bay (+33 5 57 70 67 56).

18 20 35 56 59 74 79

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Have fun in our theme and amusement parks

* Eratopia in Gujan-Mestras (Aqualand, La Coccinelle, Kid Parc, Max'Golf, Bassin Aventures, Bowling, Laser Lander...)

* Arcachon Bay Zoo in La Teste de Buch

* Go-karting and Big'a Jump Trampoline Park in Biganos

* T en Leyre, Wapifun Park and Lakecity in Mios

* Escalad'Parc and Mégazone (Laser game...) in Andernos-les-Bains

* Le Four leisure park in Lège-Cap Ferret

15 23 45 46 48 52 53

69 70 82



Grand site of the Pilat Dune

La Teste de Buch

Walk the entire length of the dune (2,9 km), returning via the beach and discovering a magnificent unmarked walking trail.

Located at the foot of the Dune, the reception village offers educational films as well as a discovery trail, translated into English. The multilingual team at the Information Point is available to answer all your requests (+33 5 56 22 12 85).

Smart tip: if you want to visit the Dune du Pilat, check out the real-time availability of the park on <https://ladunedupilat.com/en/>

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The oyster farming villages

of the Lège-Cap Ferret peninsula

Take a bike ride through the fisherman's quarter, stopping off at the Cap Ferret lighthouse, or visit the oyster-farming villages of L'Herbe and Le Canon to enjoy a few oysters. From Arcachon or Andernos-les-Bains, taxi boats or regular shuttle services will take you there.

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The oyster farming ports

of Gujan-Mestras

On foot or by bike, stroll among the colourful wooden huts and visit the Maison de l'Huître (Oyster House) at Port de Larros to find out all about the pearl of the Bay (+33 5 56 66 23 71).

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Markets around the Bay

Every day, a market awaits you in one of our towns!



Flash the QR code to find out more

Did you know? The market in La Teste de Buch is one of the largest in Gironde!

Shopping is also part of a true holiday. After strolling through the stalls, take advantage of your free time to enjoy an ice cream at the foot of one of our piers: in Arcachon, Le Mouleau, Cap Ferret or Andernos-les-Bains, with its lively town centre and shops open all year round. Don't miss the pier promenade, the longest in France!

Private guided tours

Christel Santurenne

Tours in English or French

+33 6 10 55 16 29
lesvisitesdechritel@gmail.com

Arcachon | La Teste de Buch
| Gujan-Mestras | Audenge |
Lanton | Lège-Cap Ferret

Walking tour - Bike tour and E-bike tour -
Boat tour - Gourmet tour

Myriam Madec

Tours in English or French

+33 6 80 43 96 78
myramixa@aol.com

Arcachon | La Teste de Buch |
Gujan-Mestras | Lège-Cap Ferret

Walking tour - Bike tour and E-bike tour -
Boat tour

Pierre Gremare

Tours in English, French or Spanish

+33 6 35 46 85 29
contact.avotretour@gmail.com

Arcachon

Walking tour - Playful visit

Sandrine Bouc

Tours in English, French, German or Italian

+33 6 10 84 89 35
sandrine.bouc@orange.fr

Arcachon | La Teste de Buch
| Gujan-Mestras | Le Teich |
Biganos | Audenge | Lanton |
Andernos | Lège-Cap Ferret

Walking tour - Bike tour and E-bike tour -
Boat tour - Gourmet tour - Hike -
Treasure Hunt

Valérie Sutra

Tours in English or French

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lanecdot@icloud.com

Arcachon | La Teste de Buch |
Gujan-Mestras | Lège-Cap Ferret

Walking tour - Bike tour and E-bike tour -
Boat tour

Virginie Bernat

Tours in French or English

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Arcachon

Walking tour - Boat tour